

LESSON PLAN

Contact Hour (Cumulative)	Unit No.	Topic	Teaching(*) Methodology	Remark
2 (1)	1	Course outline & Objectives	BB	
6 (2)	1	Need for value education	BB	
4 (3)	1	guide lines of VE	DB	
2 (4)	1	content of VE	PPT	
6 (5)	1	self exploration	PPT	
4 (6)	1	Role of education	BB	
2 (7)	1	morals, values, ethics	BB	
6 (8)	1	work ethics integrity	PPT	
4 (9)	1	Service learning Respect for others	PPT	
2 (10)	1	Caring, sharing, honesty Courage	PPT	
6 (11)	1	value - time, co-operation commitment, spirituality	PPT	
4 (12)	2	Harmony in the HB	BB	
2 (13)	2	Understanding HB	BB	
6 (14)	2	Harmony in the self	BB	
4 (15)	2	11	BB	
2 (16)	2	Body as instrument	PPT	
6 (17)		Harmony of the self with body	PPT	
4 (18)	2	11	PPT	
2 (19)	2	Quiz - 1	PPT	
6 (20)	2	Quiz - 2	PPT	

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Contact Hour (Cumulative)	Unit No.	Topic	Teaching(*) Methodology	Remarks
2 (20)	3	harmony in Human-Human Relationship	BB	
6 (21)	3	harmony in the family	BB	
4 (23)	3	understanding values in human-human Relationship	BB	
2 (24)	3	Trust and Respect	DB	
6 (25)	3	understanding Visbwas	PPT	
4 (26)	3	intention and competence	PPT	
2 (27)	3	meaning of Samman	PPT	
6 (28)	3	respect and differentiation and other values	PPT	
4 (29)	4	Whole existence as Co-existence	PPT	
2 (31)	4	Harmony in Nature	BB	
6 (32)	4	Inter connectedness	BB	
4 (33)	4	mutual fulfillment among four spheres	BB	
2 (35)	4	Recyclability & Self regulation in relation	PPT	
6 (36)	4	Holistic perception of harmony at all levels	PPT	
4 (37)	4			
2 (38)	5	Intro to implications of Holistic understanding		
6 (39)	5	Natural acceptance of HX		
4 (40)	5	Definitive norms of ethical human conduct		
2 (41)	5	Basis for Human education		
6 (42)	5	Humanistic constitution and universal order		

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10/10/20